DOG AND CAT ITCH SCALE

How severe is your pet's itching?



Frequent licking,
chewing, or biting



Excessive rolling,
rubbing, or scooting



Lots of scratching,
itching, or shaking (their head)

Pruritis (itching) manifests itself by scratching, nibbling, licking, when a pet rubs against objects or people, or when a pet rubs its back. The scale to the right is designed to measure the severity of itching.

Read all the descriptions starting from the bottom, then place a mark anywhere on the vertical line to indicate the point at which you think your pet's level of itchiness currently lies.

The mark may be placed between two descriptions, if necessary.

DURING THE LAST 24 HOURS, MY PET WAS:

10 **Extremely severe itching / almost continuous**
Itching does not stop whatever is happening, even in the exam room (needs to be physically restrained from itching).

9

8 **Severe itching / prolonged episodes**
Itching might occcur at night (if observed) and also when eating, playing, exercising or being distracted.

7

6 **Moderate itching / regular episodes**
Itching might occur at night (if observed), but not when eating, playing, exercising, or being distracted.

5

4 **Mild itching / a bit more frequent**
Does not itch when sleeping, eating, playing, exercising, or being distracted.

3

2 **Very mild itching / only occasional episodes**
The pet is slightly itchier than it was before the skin problem started.

1

0 **Normal pet**
I don't think itching is a problem.

Frequent scratching is one sign of allergic itch, but there are other telltale signs as well:



Recurrent ear problems
head shaking, ear discharge/ odor, or scratching at ears.



Hair loss



Body odor



Skin changes
rash, redness, greasy skin, or scabs.